Reiki Energy

Reiki-1 Training Course (£95)

29 September & 27 October 2018

Colchester, Essex

Each 2-day Reiki-Energy course consists of Attunements, Japanese Reiju Empowerments, Training, Practice and Discussion. Comprehensive Course Manuals are sent to students beforehand thus allowing the theory to be studied in advance and leaving more time for practice on Courses.

The Reiki-1 course covers Reiki history, Attunements, Empowerments, Treatments, Sensations felt by the Healer and the Patient, Hand Positions and Techniques for improving your Reiki.

Each course lasts 2 days spaced approximately a month apart; training is by two masters thus each student gets double attuned and empowered. Both Reiki Masters have more than a dozen years of Reiki Training experience and have been healing for more than 20 years.

Reiki Energy provides on-going support via email and website; we also have a support group in Colchester. For further information on *Reiki Energy* and our courses, please visit our website:

http://www.reikienergy.org.uk

To reserve a place on one of our courses or discuss further, please contact Christiane Mills:

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Reiki Training At Its Best